



DR.B.R AMBEDKAR MEMORIAL
GOVERNMENT ARTS AND SCIENCE
COLLEGE BALUSSERY

JEEVANI CENTRE FOR
STUDENTS WELL-BEING
IN ASSOCIATION WITH IQAC

A WEBINAR ON

**"NEGATIVE THOUGHTS:
FORMATION, EFFECTS AND
TIPS TO OVERCOME"**



ASWATHY M
PSYCHOLOGIST
CENTRE FOR DISABILITY MANAGEMENT
BLOCK PANCHAYAT, WANDOOOR
MALAPPURAM

Date- 23-03-2021, Time- 7 pm to 8 pm
Through Google Meet
<https://meet.google.com/wbf-yhwd-gdc>