

## Women cell webinar Report

Women cell in association with Kerala state women Development corporation (KSWDC) was organised a webinar on ' Time and stress management' through google meet on 23/November/ 2021 at 7.00PM. The programme start with welcome speech by Deepthy k ( women cell coordinator). SahidPayyannur (Psychologist) was the resource person. 55 students were dparticipated in the programme

Coordinator's Name ; **Smt. Deepthy.K, Assistant Professor of Commerce**



 *Dr. B.R. Ambedkar Memorial Govt Arts and science college,  
Balussery*

 **Women cell  
in association with  
Kerala State Women Development Corporation (KSWDC)**



*Organize a webinar on*

# TIME AND STRESS MANAGEMENT

 *Resource person*

**Sahid Payyannur  
Psychologist**




**23/11/2021@7.00PM  
On Google meet**







Sahid




DEEPTHY




swathi




Akhila




NAVYA



Bincy



You



Dhanya 44 others



